

# Inland Equity Community Partnership Rapid Response Line and Mental Health Therapy Referral

---

*JIF- Regranting Funds*

## ***Inland Equity Community Land Trust (DBA Inland Equity Partnership)***

---

Maribel Nunez  
41-550 Eclectic Street  
Palm Desert, CA 92211

maribel@inlandequitypartnership.org  
O: 562-569-4051  
M: 951-999-7184

## ***Maribel Nunez***

---

41-550 Eclectic street  
palm desert, CA 92211

maribel@inlandequitypartnership.org  
O: 562-569-4051  
M: 951-999-7184

# Application Form

---

## *Question Group*

---

### **Name of the Organization**

Inland Equity Community Land Trust

### **What is the Organization's Mission?**

Inland Equity Community Land Trust is dedicated to the social and charitable development and preservation of high-quality, affordable and environmentally sustainable housing so people can thrive in the community where they live and work. When feasible, the Corporation will use long-term land use restrictions and long-term ground leases as a tool to provide and preserve affordable rental and ownership housing and to create home ownership opportunities for people who fall under the Department of Housing and Urban Development's definition of "housing cost burdened" as defined in 2018.

### **Program/Project Name\***

Inland Equity Community Partnership Rapid Response Line and Mental Health Therapy Referral

### **Organization Founded\***

In what year was organization founded?

03/03/2020

### **Board Members\***

How many board members are currently seated?

13

### **Board Meetings\***

How frequently does the board of directors meet?

Approximately five times a year.

### **Board Minutes\***

How are board meeting minutes maintained?

Google Drive folder and a print copy in our files

### Contact Person and Information.\*

Provide the contact name and information should it be deemed necessary to contact him/her regarding this application.

Maribel Nunez, maribel@inlandequitypartnership.org - 562-569-4051

### Executive Summary

Provide an executive summary of the program/project, experience and the capacity to provide these services, what is the need that the Organization is proposing to meet, and why these services are needed. (Not to exceed 250 words)

This grant would help maintain the COVID rapid response line to refer callers to Jewish Family Services for mental health therapy and support Get in Motion Entrepreneurs to raise awareness about mental health services available to immigrants.

### Request for Proposal (RFP) Funding Goals\*

What is/are the funding goal(s) the organization is addressing listed in the Request for Proposal (RFP)? Check all categories that apply in the following question.

Category A and B

### List organization's area(s) of focus\*

Please check all that apply. For Category B check which service(s) you plan to provide.

Category A and B

### Population Served

Please describe the target population(s). Provide the demographic breakdown of who this program/project will serve. (E.g., families with children, seniors, youth, low-income)

Approximately 30% of the people in the Coachella Valley community is made up of foreign-born immigrants (Census Reporter). In 2016, it was estimated that 4,736 of Coachella Valley's total population had no legal status (Unauthorized and Uninsured: Eastern Coachella Valley and Riverside County). Riverside County's Medi-cally Indigent Services Program (MISP) is the only source of safety net health care for undocumented adults 27-65. The program only covers life saving medical treatments and provides no mental health services. Due to the complexity of demonstrating eligibility for qualified family members in families with mixed immigration statuses and few medical facilities nearby, many qualified residents of the Coachella Valley are not receiving any health care let alone mental health care. Coachella Valley residents are delaying care for conditions that are easily treated until they become medical emergencies.

### Population group to be served.\*

Indicate estimate number to be served in each group.

- a. Number of Youth to be impacted (0 - 18 years)
- b. Number of Adults to be impacted (19 - 54 years)
- c. Number of Seniors to be impacted (55 + years)
- d. Number of Persons that live at or below the federal poverty level

Approximately 290 adults 19 years to 55 + years who are mostly below the federal poverty level

### Geographic Area Served\*

Please select the cities and communities your program/project will impact.

All Coachella Valley

### Program/Project\*

Please choose from the following:

Existing Program/Project

### Project/Program Objectives, Goals & Anticipated Outcomes

State measurable outcome(s) that will result from the services provided and how they will improve the quality of life for the target population and overall community-at-large. Bullet points are acceptable.

This grant will continue support for the COVID Rapid Response line to recruit, train, and schedule volunteers and maintain the infrastructure of the line; Spanish language mental health therapy sessions with a clinical therapist via Jewish Family Services telecare system; and Get in Motion Entrepreneurs will continue the online promotion of the project by incorporating a Spanish Language podcast that is focused on mental health in Coachella Valley's Latino Communities. The resources will improve the collaborative's reach and raise awareness about mental health and mental health services and grow the overall online presence of the partnering organizations. We call friends in hard times, visit family members when they aren't feeling well, and often see support groups for individuals who've experienced similar challenges like chronic disease or loss of a loved one.

- 24 Spanish language Mental Health Therapy Sessions a month.
- Reduce symptoms and hospitalizations
- Increase social support and participation in the community
- Decrease lengths of hospital stays and costs of services
- Improve well-being, self-esteem, and social functioning
- Encourage more thorough and longer-lasting recoveries

"Among the patients who accepted psychological intervention, the number who presented to emergency departments was reduced significantly in the 12 months after screening compared to the 12 months before screening." <https://www.sciencedirect.com/science/article/abs/pii/S1542356520301099>

### Program/Project Timeline\*

Describe the timeline for the program/project including activities to be performed by your organization and partnering organizations if you are collaborating.

June 2021 through March 2022

IEP:

Revise Evaluation form on the CVID website

Continued coordination of the Rapid Response line and volunteers

Manage sub granting funds to the collaborative partners

Share the availability of Mental Health Services at meetings and events.

Refer 12 people per month to Mental Health Therapy Sessions.

JFSD:

Six Mental Health Therapy Sessions per Week

Collect and report Evaluation questions through the CVID web based form.

GIME:

Create 10 Podcasts, 1 per month, with JSFD on Mental Health topics

Create marketing material for websites, email and social media to promote Mental Health Therapy

Sessions in Coachella Valley

Ongoing promotion of the Rapid Response line through online platforms

## Projected Plan

What adjustments have you made to your program and/or service due to the COVID-19 pandemic?

The pandemic has had a variety of unexpected costs. We have diverted a lot of staff time and resources to gather and share COVID-19 information in Spanish through the Coachella Valley Immigrant Dignity program. Our collateral materials include information about service providers that are pro immigrant, eligibility and policy updates for health and human service programs which include undocumented, DACA, legal permanent resident, TPS and other qualified immigrants and was generally in print. We are working to include information in electronic format but not everyone has access to online information. To adjust for the COVID-19 emergency, Inland Equity Partnership and Coachella Valley Immigrant Dignity conduct all the volunteer training for the CVID Rapid Response line and meetings in general via Zoom. Jewish Family Services of the Desert provides the therapy sessions through their Telecare system. Get in Motion Entrepreneurs work is done largely through the internet as well. The program partners are invested in making this program a success. The overall program success will be demonstrated in the increased awareness of available services for immigrants and how to access the social services. The pandemic has moved the program to an online system that promotes services to immigrants. Jewish Family Services of the Desert therapist now has two licensed therapists for mental health therapy on Wednesdays for six Telecare sessions. The therapist will make clinical evaluations of the client's mental health, diagnose and prescribe the best course for treatment, taking into account the specific situation of the client's immigration status and what social services may be available to the client. The CVID Rapid Response line has an emergency and non emergency call option and we continue to recruit, train, and schedule the CVID Rapid Response with Captains. Get in Motion Entrepreneurs' current audience, Latino Business Owners, are already struggling to keep doors open due to the pandemic and are in very stressful situations so we will be reaching out to offer them services as well. Latino Entrepreneur Immigrants are constantly living under economical pressure that can easily raise their stress and anxiety levels. Get in Motion Entrepreneurs has established a solid audience in Coachella Valley and will feature Jewish Family Services of the Desert therapist on their podcast which targets the Latino immigrant entrepreneurs.

## Partnership/Collaboration\*

Identify and describe the responsibilities of the partners and collaborators for this program/project, if applicable.

IEP will continue to manage the Rapid Response line. Jewish Family Service of the Desert will provide six mental health sessions a week. Get in Motion Entrepreneurs will do outreach and promotion of the mental health sessions and Rapid Response line.

## Evaluation - Qualitative

Describe the methodology that will be used to measure progress towards achieving project outputs and outcomes; include the data collection tools, the measurement timeline, and who will be responsible for monitoring progress and compiling the information required for reporting.

CVID hosts the Rapid Response line, Pre Program and Post Program surveys on the CVID website. The rapid response line volunteers complete the Rapid Response line survey and are trained to encourage the callers to complete the pre-program survey when they call in. The Post Program survey requires more followup. If we collected an email from the caller, we email a link to the Post Program survey. Because we want to offer the caller anonymity, we don't always get an email and we don't always have a way to encourage the completion of the Post Program survey. Jewish Family Service of the Desert's therapists will collect and report the evaluation through the CVID web based form. Inland Equity Partnership staff monitors the progress and the data is compiled on the web forms here:

<https://cvidcoalition.org/civcrm/node/21/chart-results>

<https://cvidcoalition.org/civcrm/node/23/chart-results>

The evaluation of the survey data will highlight common issues shared by the clients and, hopefully, culturally meaningful tools to address the issues. The evaluator will aggregate the data and highlight developing themes based on respondents' more common survey responses and share those with the collaborative. In this project the evaluator will also write the project reports and publish the survey data. The project's evaluation is to improve the communication of coping strategies used by the immigrant community.

## Evaluation - Quantitative

Describe the methodology that will be used to measure progress towards achieving project outputs and outcomes; include the data collection tools, the measurement timeline, and who will be responsible for monitoring progress and compiling the information required for reporting.

CVID will facilitate the evaluation of the survey data collected on the CVID website. The two surveys, developed by the HARC program, highlight common issues shared by the clients. The survey data is used to provide information on how the program is functioning and if the objectives are being met. The questions serve as points in the data to manage or redesign the program. These performance indicators stimulate communication about program goals, progress, obstacles, and results among CVID, Jewish Family Services of the Desert. The primary purposes of the project's evaluation is to learn and share the coping tools used by immigrants to navigate in the current challenging environment and track the overall project to adjust it to improve the communication of those coping strategies. The evaluation of the survey data will highlight common issues shared by the clients and, hopefully, culturally meaningful tools to address the issues. CVID will aggregate the data and highlight developing themes based on respondents' more common survey responses and share those with the collaborative. In this project the evaluator will also write the project reports and publish the survey data. The full end of the project report will contain the full data set and a narrative description of the recommendations for support and immigration coping skills.

## Evaluation Results\*

If you used the listed Evaluation tools before, describe the previous outcome(s).

Of the referrals who completed the pre and post program surveys: pre 69% couldn't afford the costs; 88% were not aware of available mental health resources. Post 66% reported they couldn't afford the costs; 66% were aware of mental health resources.

## Evaluation Expectations\*

Describe the expectations regarding the chosen evaluation process and if they have been utilized before.

We expected the survey to help identify coping solutions that could be shared with the friends and families of the immigrant community. The survey was also intended to track awareness of available services and identify obstacles to accessing them.

## Evaluator\*

Describe if the evaluation process requires the expertise of an outside expert or consultant. If so, how will the services be secured? Provide his/her scope of work.

We are working with HARC to review and possibly revise the existing program evaluation tools and to add evaluation tools for Get in Motion Entrepreneurs. Funds for HARC are included in the budget of this request.

## Internal or External Evaluator

What is the expertise required? Does the Organization have the expertise internally or will the Organization contract or hire the needed expertise?

HARC developed the evaluation tool we are currently using. We will be working with them again to examine the surveys and make any adjustments. Inland Equity Partnership will make the online form available on the CVID website. The aggregate data will be available online. We have included the resources to hire HARC as the external evaluator in this request.

## Funding Request\*

How much are you requesting from RAP Foundation?

\$64,631.00

## Program/Project Budget

What is your total program/project budget?

\$140,584.00

## Organization Budget\*

What is your total organization's budget?

\$330,000.00

## Financial Sustainability

Describe the fund development plan to continue the program/project beyond James Irvine Foundation re-granting funds.

As we complete our transition to Inland Equity Community Land Trust we are developing more financial supporters our goal is that no more than 30% of the support comes from any one organization

## Is your organization a member of RAP's Center for Nonprofit Advancement (CNA)?

Yes

## Program/Project Name\*

Please download the budget template and once it has been filled-out, upload the file.

JIF2021.1 Collaboration Budget Worksheet.xlsx

## Budget Narrative\*

Please upload your budget narrative. If collaborating, combine all budget narratives into one.

JIF2021.1 Collaboration Budget Worksheet - Itemised Budget Narrative.pdf

## Memorandums of Understanding 1

If you are collaborating or partnering with other organizations, please provide Memorandums of Understanding (MOUs)

Rapid Response Mental Health Therapy and Peer Support MOU 2021.1-compressed.pdf

## Memorandums of Understanding 2

## Memorandums of Understanding 3

## Updated Information 1

Please provide copy of updated Board of Directors

IECLT Board Members.pdf

## Updated Information 2

Please provide copy of updated financials.

IECLTfy2020balance.pdf