

DAP Health Outpatient Drug-Free Program

Health/Mental Health Initiative

Desert AIDS Project, dba DAP Health

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Application Form

Application Questions

Instructions:

1. Complete one application for an eligible nonprofit 501 (c) (3)
2. Answer all questions.
3. Submit application only when all documents required are uploaded.

Organization Name

Desert AIDS Project, dba DAP Health

Mission Statement

Desert AIDS Project's (DAP) mission is to enhance and promote the health and well-being of our community.

Program/Project Name*

DAP Health Outpatient Drug-Free Program

Organization Founded*

In what year was organization founded?

02/10/2021

Board Meetings*

How frequently does the board of directors meet?

Monthly

Contact Person for this Letter of Intent (LOI)*

laura nachison

Contact Person's Title*

Senior Grant Writer

Contact Person's Email Address*

lnachison@daphealth.org

Contact Person's Phone Number*

7603232118

Request for Proposal (RFP) Funding Goals

Review your answer from the LOI.

Funding goal: A

Funding Goals*

Identify the funding goal(s) as listed in the Request for Proposal (RFP) which the proposal is addressing.

Please restate your goals and specify if there are any updates to your goals since the LOI.

Funding Goal A; there are no updates to our goals since the LOI.

Executive Summary*

Provide an Executive Summary of the program/service. Be specific as to the reason for your funding request: Briefly describe the service, why is this service necessary. Who do you plan to serve, how do you plan to deliver the service?

Our Outpatient Drug Free Program (ODF), a recovery-oriented care program, provides culturally/gender-competent substance use disorder services with evidence-based curriculum delivered on a virtual platform to 45 adults to achieve remission from alcohol and crystal methamphetamine substance use disorders and to manage challenges resulting from a history of substance use. COVID-19 restrictions have led to relapse/new substance use disorder diagnoses causing increased demand for this program.

Provide number of persons served in each of the categories.

Identify characteristic demographics population to be served specific to this grant

For example, homeless youth, veterans, special needs,

The population served is typically white, gay/bisexual men ages 19-54, living under 200% of Federal Poverty Level, suffering from substance use disorders, primarily alcohol and/or crystal methamphetamine.

Number of Youth (0 - 18 years) to be served.*

0

Number of Adults (19 to 54 years) to be served.*

20

Number of Seniors (55+ years) to be served.*

25

Number of Persons at or below the federal poverty level.*

42

Number of Males to be served.*

Provide number of Males to be served.

40

Number of Females to be served.*

Provide number of Females to be served.

5

Number of LGBTQI to be served.*

Provide number of LGBTQI to be served.

40

Geographic Area Served*

Please restate your goals and specify any updates made since the LOI.

- All Coachella Valley
- Cathedral City
- Desert Hot Springs
- Indio
- Indio Hills
- La Quinta
- Palm Desert
- Palm Springs
- Rancho Mirage

Indicate the Race/Ethnicities to be served.*

List Race/Ethnicities to be served and how many to be served per Race/Ethnic group.

White: 35

Latinx: 7

Black/African-American: 3

Geographic Area Served*

Please describe the selected geographic areas in more detail, for example, why this area, opportunities/challenges.

The geographic area selected reflects DAP Health's service area, which includes populations living below 200% of Federal Poverty Level and a significant LGBTQ community as well as a subpopulation of gay/bisexual men (www.visitgreaterpalmsprings.com/lgbtq). "Statistics show LGBTQ adults are more than twice as likely as their heterosexual counterparts to use illicit drugs and almost twice as likely to suffer from a substance abuse disorder." In addition, "crystal meth is a popular drug in the young LGBTQ community because users mistakenly believe it can enhance their (sexual) experiences... In 2017, crystal meth was responsible for about 15 percent of all drug overdoses" (<https://americanaddictioncenters.org/lgbtqiapk-addiction/crystal-meth-addiction-gay-community>).

DAP's behavioral health clinicians have received specialized training provided by experts in the field, Dr. David Facett and Blue Tiger Recovery, to counsel gay men challenged by crystal meth use and sex addiction.

Program/Project*

Should be existing Program/Project. Please disregard new program/project option.

Existing Program/Project

Program/Project Start Date

07/01/2021

Program/Project End Date

06/30/2022

Project/Program 1.Goal(s); 2. Objective(s) with Time Line and 3. Anticipated Outcomes

Answer given on the LOI.

The overall goal of the program is to prevent participants from relapse. The chief objectives of this program are for participants to cease or substantially reduce their substance use. Anticipated outcomes: Of the 45 total anticipated participants who are assessed for need and who enroll in the ODF program within 12 months, 80% will complete the program; of the participants who complete the program, 80% will reduce substance use; 75% will achieve abstinence at the end of the program.

Project/Program 1.Goal(s); 2. Objective(s) with Time Line and 3. Anticipated Outcomes*

Please restate your goals and specify any updates made since the LOI.

For Example:

I. Goal and Anticipated Outcome(s)

A. Objective, Time Line

B. Objective, Time Line

II. Goal and Anticipated Outcome(s)

A. Objective, Time Line

The overall goal of the Outpatient Drug-Free (ODF) group program is to prevent participants' relapse. Chief objectives are for participants to cease or substantially reduce alcohol and/or crystal meth use. Activities to achieve objectives include 4 hours ODF program, twice/week (sponsors are not an aspect of ODF); 1 hour, 1:1 individual counseling/week (for other substance use disorders or sex addiction if presented), and participation in DAP's weekly peer support relapse prevention program. ODF clients may also join a community 12-step program with a sponsor. Participants may cycle into the ODF program at any point during the 12 weeks or enter subsequent sessions as needed. Anticipated outcomes: Of the 45 total anticipated participants who are assessed for need and who enroll in the 12-week ODF program within 12 months, 80% will complete the program; of the participants who complete the program, 80% will reduce substance use; 75% will achieve abstinence at the end of the program.

Program/Project Adjustments

How does COVID-19 impact your program/project service delivery? How do you propose to serve your target population amid the pandemic?

COVID-19 significantly impacted our ability to provide in-person, group counseling sessions of our ODF program. Recognizing the significant need to maintain this program due to clients challenged by ongoing and increasing substance use, we are currently providing our ODF group counseling sessions to 15 clients virtually, per 12-week session. To maintain health and safety, clients are assessed to join the program either virtually, or in-person, with appropriate safety precautions. At the outbreak of the pandemic, DAP Health pivoted quickly to launch MyChart Virtual Visit, a digital solution that ensures DAP's primary and behavioral health patients' continuum of care from the comfort of their homes. We maintain continuity of behavioral/mental health care by conducting support groups virtually through Zoom meetings and 1:1 counseling virtually. With appropriate safety precautions we are able to provide 1:1 in-person behavioral therapy for clients in need of face-to-face visits.

Incentives are optional:

A. Working as a collaborative with another entity - Extra 15 points for proposals

B. Programs in the Palo Verde Valley area - Extra 10 points for proposals

C. Interest in utilizing Results-Based Accountability, a measurement/evaluation method. Additional funding will be offered to offset staff time - Extra 5 points for proposals RFP Process:

Indicate whether you will incorporate any of the three incentives listed above.

Incentive A*

A. Working as a collaborative with another entity - Extra 15 points for proposals .

No

Incentive B*

B. Programs in the Palo Verde Valley area - Extra 10 points for proposals

No

Incentive C

C. Interest in utilizing Results-Based Accountability, a measurement/evaluation method. Additional funding will be offered to offset staff time - Extra 5 points for proposals RFP Process:

Yes

Results Based Accountability (RBA) Framework*

Does your organization utilize the Results Based Accountability (RBA) framework or another model? If yes, describe how it is used.

DAP is not currently using the RBA framework. We are interested in receiving the RBA training to incorporate this framework to enhance the ODF program evaluation as well as other programs at DAP as appropriate. Funding will support adding the RBA framework into the ODF program evaluation. Pre/post qualitative surveys will incorporate the RBA model. Currently, DAP's services and programs track and record data to determine outcomes and need for course correction. As examples, DAP's behavioral healthcare and other services input data into our Epic OCHIN electronic medical record system, for data evaluation reports such as Uniform Data System (UDS) for our federally qualified health center submitted to HRSA, and data for the state HIV/AIDS data collection services, ARIES and LEO.

Partnership/Collaboration

Are you partnering or collaborating with other organizations for this program/project? If yes, identify and describe the responsibilities of the partners and collaborators.

DAP maintains ongoing relationships and partnerships with substance use disorder recovery centers throughout the Coachella Valley. Clients for our ODF program may be referred from community partners. Clients are also DAP Health members who are referred to this program from DAP healthcare or DAP behavioral healthcare clinicians. In connection with Substance Use Disorder treatment services, DAP maintains current Memoranda of Understanding (MOU) documenting plans for cross-referrals and follow-up, as well as information sharing with: ABC Recovery Center, Borrego Health, Casa Cecilia, Casa Las Palmas, Catholic Charities, Clinicas de Salud Del Pueblo, Coachella Valley Health Personnel, Desert Palms Recovery, Desert Care Network, Jewish Family Service of the Desert, The LGBT Center of the Desert, The Mizell Senior Center, Nightingale Companion Care, The Ranch Recovery Center, Riverside County Department of Public Health, SAC Health System Dental Clinic, and Well in the Desert.

Evaluation*

How is the impact on the target population being measured (qualitative and/or quantitative)? Please explain.

Qualitative and quantitative measures for the ODF program include attendance records; client intake forms as baseline for frequency of alcohol and/or crystal methamphetamine use prior to program enrollment; and reduction in substance use resulting from program participation using American Society of Addiction Medicine (ASAM) screening tool. In the ASAM assessment, clients report their history of substance use prior to enrollment and reduction/abstinence at program mid-point and end-point. The ODF counselor evaluates congruence of clients' behavior with confirmation of reduction/abstinence. If drug testing is deemed necessary referrals are made to a recognized drug testing laboratory with appropriate chain of custody to assure accurate results. Pre/post surveys conducted at enrollment in the program, mid-point (6 sessions), and end of the 12-week program measure change/improvement in clients' knowledge of addiction, triggers, and relapse prevention; change/improvement in clients' skills to implement dialectical behavioral therapy (DBT); coping skills to reduce response to triggers; and change/improvement in clients' behavior to reduce/abstain from substance-of-choice use. For quantitative measurement, we track number of participants enrolled; number of participants completing the program; number of participants repeating the program; number of patients who have reduced substance use, ceased substance use, or have not relapsed during the 12-month grant period.

Evaluator*

Describe if the evaluation process requires an outside expert or consultant. Provide his/her scope of work and cost.

The evaluation process for our ODF program will not require an outside expert or consultant. The ODF counselor and the Manager of Behavioral Health will review program evaluation measures to evaluate program success. DAP's current information systems have the capacity to collect and manage data for this program and provide timely reporting of performance and implementation outcomes. The backbone for participant initial, midpoint, and endpoint assessment data collection and reporting activities for this program is DAP's Electronic Health Record, EpicCare Ambulatory Base, EHR Suite Certification Edition 2015 (EHR). To collect, manage, and analyze data for this program, DAP will record and track participant level data in Epic, which is certified by the Office of the National Coordinator for Health Information Technology. DAP's Patient Services Representative and Senior Data Analyst will assist in data entry, collection, management, and reporting for the ODF program.

Amount Requested*

Amount requesting from RAP?

\$25,000.00

Total Program/Project Budget*

What is your total program/project budget?

\$191,125.00

Total Operations Budget

What is your total organization's budget?

\$45,019,880.00

Financial Sustainability*

Describe financial sustainability plans for the program/project after RAP funding ends. Include information regarding funding opportunities for example "billable" services, for example MediCal.

In addition to the revenue sources described in DAP's LOI that will sustain this program, currently pending is our application to Riverside County for a contract to provide fee-for-service Substance Abuse Prevention and Treatment – Drug Medi-Cal Services, Level 1. To be eligible for the contract, if awarded, DAP was required to obtain Drug-MediCal certification; our application for this certification was approved by the California Department of Health Care Services, effective October 23, 2020. We continue to work closely with Riverside County Department of Mental Health to secure an MOU for substance use services, which, when approved, will afford DAP Health the ability to bill for these services, thus securing long term financial sustainability for the ODF program.

Is your organization a member of RAP's Center for Nonprofit Advancement (CNA)?*

No

Program/Project Budget*

Please complete budget template provided.

DAP Health ODF Project Budget- RAP Budget Template.pdf

Program/Project Budget Narrative*

Provide explanation of budget line items which require clarification, for example personnel costs.

Personnel:

Director-Clinical Operations: .025 FTE@ \$3,500

Behavioral Health (BH) Manager: .20 FTE @ \$26,000

ODF CADC II: 1.0 FTE @ \$62,000

LCSW: (client assessments); .20 FTE @ \$16,000

Patient Representative: (client data collection); 0.25 FTE@ \$9,375

Relapse Prevention Peer Support Specialist: 0.20 FTE @ \$7,200

IT Data Manager (client data reports): 0.05 FTE @ \$4,125

Non-Personnel: \$10,000: computer equipment, office supplies.

Evaluation: \$3,500

Indirect Operating Expenses:@ 10%=\$17,375.

Memorandums of Understanding 1

If you are collaborating or partnering with other organizations, please provide **Memorandums of Understanding (MOUs)**

Memorandums of Understanding 2

Current Information 1

Please provide current **Board of Directors** and **professional affiliation**.

2021 DAP Board of Directors 120720.pdf

Current Information 2

Please provide copy of **current financials**.

DAP 6-30-20 Audited FS.pdf

Current Information 3

Please provide copy of current **By-laws** document

DAP Bylaws CURRENT 20160628.pdf

Current Information 4

Please provide copy of **current certificate of liability insurance**.

DAP Certificate of Liability Insurance.pdf

Optional Supporting Document 1

You may provide **supplemental document/material** to support your proposal.

PROPOSED PROGRAM BUDGET LINE ITEMS	PROGRAM REVENUES	TOTAL PROGRAM EXPENSES 12 MONTHS	PROGRAM EXPENSES TO BE FUNDED BY RAP FOUNDATION 12 MONTHS
1.Amount of money requested to RAP Foundation	\$25,000		
2.Cash contributed to project/program by applicant organization	\$0.00		
3.Grant(s) awarded from other grant based funding sources for project/program	\$0.00		
4.Grant(s) pending or applied for from other grant-based sources for project/program	\$0.00		
5.Value of in-kind goods or services to support the project/program	\$0.00		
6a - Full-Time Personnel - wages and salaries		\$128,200	\$23,500
6b - Part-Time Personnel - wages and salaries		\$0.00	
6c - Temporary Personnel - wages and salaries		\$0.00	
6c - Employee benefits		\$32,050	
6d - Volunteer related costs			
6.Total Personnel related expenses for project/program		\$160,250	
7. Equipment related expenses for project/program		\$5,000	
8a - Marketing Materials		\$0.00	
8b - Marketing/Advertising		\$0.00	
8. Total Marketing related expenses for project/program		\$0.00	
9a Legal Services		\$0.00	
9b Consulting Services		\$0.00	
9c Other Professional/Contracted Services		\$0.00	
9 Total professional services		\$0.00	
10a Facilities		\$0.00	
10a Meeting expenses		\$0.00	
10b Mileage and travel		\$0.00	
10c Postage		\$0.00	
10d Supplies related expenses for project/program		\$5,000	\$1,500
10e Other miscellaneous expenses		\$0.00	
10f Phone and other communications		\$	
10g Insurance		\$0.00	
10.Total General Operating/Administration expenses for		\$10,000	
11.Evaluation		\$3,500	\$3,500
12 Indirect Operating Expenses @10%		\$17,375	
TOTALS		\$191,125.	\$25,000