

RCLC Response to Questions-1

When I drafted the Application, I attempted to try to explain how the money received from RAP will be used in conjunction with the money RCLC gets from CVUSD to run its behavioral mental health student assistance program (starting on page 11 of the Application). Funding of \$50,000 would be better used as a companion program to the program already operating within CVUSD. The reason to use the \$50K in conjunction with the CVUSD mental health program operating within the schools is because the \$50K will be used for three reasons:

First, the money would be applied as direct client services. This means that money wouldn't need to be used for administration (clinical director, supervision, program manager, etc.) nor for overhead such as rent, program materials, advertising, etc. These costs are already being covered in the services provided by the school-based mental health program (titled "Behavioral Mental Health Student Assistance Program.") Thus, that is why I provided an outline of how the BMHSAP operates so that those reviewing the Application will have an idea of how the program runs (an outline of the program begins on page 12 of the Application we submitted.)

Second, when funding from RAP ceases, the school-based mental health program will be able to absorb the work and continue to provide services to the migrant/undocumented population.

And lastly, funding would help to expand and increase the work that is already being done through the school-based mental health services as services are not specific to just students. Services extend to the community at large, thereby reaching more individuals and making a greater impact.

Below is language from your original email and I will answer each part.

Here are some questions that I have included for the Reviewers since they will be scoring based on the questions on the application and if they were answered in detail.

- *Clinical Director: cost, need supervision(is it individual or in a group) Is it the same cost for all providers.*
Money received from the RAP Foundation will not be used to cover costs for the Clinical Director. These costs are covered by the BHMSAP through CVUSD. RCLC provides one hour of individual supervision and 2 hour of group supervision each week by a licensed clinical social worker or a licensed marriage and family therapist. Those providing supervision meet the BBS requirements to provide supervision. Any and all associates working for RCLC need to be registered with the BBS and Associates are provided supervision. RCLC does not allow any registered associate to provide work without supervision that meets or exceeds the BBS requirements.
- *How many licensed therapists are being used and their cost per hour after medical expenses?*
There will be one therapist who will initially be designated to provide

services to the target population. She is a registered marriage and family therapist and her cost per hour will be \$55.

- However, for those receiving services specific to the money received from the RAP Foundation, will not be ran through outside insurance providers. This is due to several reasons, one reason being they will not qualify given their citizenship status, and second, due to the current political claimant and the negative impact it might have on those trying to obtain legal status, they will refuse treatment for fear it could negatively impact their chances for legal status or render them noneligible. Therefore, RCLC does not try to cover services through medical providers or other insurances.
- *What is the reimbursement amount of medical and or other insurances?*
Services that will be provided specific to the migrant/undocumented community will not be ran through any outside insurance agency such as Medical, IEHP or third-party insurance company. However, the general rate that providers pay are: Medical \$80 an hour and IEHP \$120 hour. This is an average of what RCLC will be reimbursed when RCLC bills for services through insurance.
- *Will interns being used to provide therapy?*
Interns will not be used to provide therapy. Only those that are either registered as associates with the BBS or licensed.
- *What are your admin costs if any?*
There are no admin costs.

How are these sessions to achieve this goal and what are the goals?

The program's overall goal would be to create easier access of mental health and substance use services to the migrant/undocumented population of the eastern end of the Coachella Valley. However, each client will have their own specific goal(s) and that would be part of each person's treatment plan. Goals will be specific to the client's impairment (what brings them to counseling?). For example, if a person is suffering from Major Depressive Disorder and unable to maintain a job, feels hopeless, is irritable and it is negatively impacting their interaction with kids (yelling, withdrawn, etc.), the goal would be to reduce symptoms and improve functioning. This would be achieved through direct counseling services as well as part of the assessment process. The assessment process will not only determine mental health impairment, but will also determine if the client is experiencing barriers that are negatively impacting their chances of recovery such as needs help with food, legal services, parenting classes, etc. In which case, the Case Manager, through the BMHSAP would be able to assist them in receiving support so that these barriers could be reduced or eliminated, and the client can focus more on their own mental health well-being and recovery.

Do you have a detailed timeline of the prosed services?

Since funding will be used in conjunction with the BMHSAP, the program has already been running and is well-established within the community. The fiscal year for the BMHSAP is July 1, 2020 through June 30, 2021. Thus, money received from the RAP Foundation will also be utilized during this time (i.e. from time it is received by RCLC, up through June 30th, 2021) and will be billed according to number of services provided each month.

Based on our phone conversation you mentioned that you would be able to provide at least 900 sessions for youth/family and now there will only be a total of 600 sessions. Could it be possible to still provide the 900 sessions?

Since RCLC would not be able to create a program that could stand alone on \$50K and therefore would use the money to expand services through the BMHSAP, we could provide services at \$55 an hour. What I would like to suggest is that if RCLC is awarded the funds, we could write into the contract for services, language that would allow for funds to be billed at the rate of \$55 an hour (direct client services) and depending on how many individuals of the target population are in need of services, therapists will be added at RCLC's discretion to meet the need and services will be billed at a total amount to not exceed \$50K. For example, the language could be written as such: RCLC will add additional therapists, per the Community Mental Health Enrichment Program's need, at a rate of \$55 an hour with total funding not to exceed \$50,000.

Secondly, since we are facing the COVID-19 crisis, therapists that provide services for the BMHSAP are providing services by tele-health until there is direction that states we can go back to person-to-person sessions. Thus, meeting the needs that are specific to the migrant/undocumented population will be more easily met (regardless of providing tele-health or in person sessions) in that the clients will be connected to resources through the BMHSAP and there will be a continuity of care.

I hope I was able to answer all your questions. Should you need anything else, or would like to discuss this matter more, please don't hesitate to contact me. You have my email address, and my cell phone number is 760-485-3804. Since I am working from home, I am taking calls on my cell phone at not from my office line (although my office number is in my signature block should you need it in the future.)

Sincerely,

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